



Creating • Inspiring • Transforming

2015 - 2016 ANNUAL REPORT

JOURNEY SO FAR...

www.giftabled.org | www.giftabled.com



Prateek Kaul

India is a diverse country so inherently our psyche is biased towards being accommodative. That said being accommodative does not always imply inclusion. Our society has been long divided in to broad silos of caste, religion, class and gender. Another form of silo, which usually is overlooked during national introspection, is disability. The pool of People with Disability, which can be harnessed for national growth, is completely ignored. It is the mission of GiftAble to create a new narrative. An inclusive hope that all can live a life of dignity and joy.

This year gave us the breakthrough in trying out new and meaningful thought provoking activities like Accessibility A Challenge. We also scaled up engagement to sensitize citizens and Govt. departments. The intent of these events is to continuously find ways to engage sections of society which are poles apart. Thereby creating platforms to bring different sections of people together for a much more sensitized and inclusive country.

We appreciate and are blessed to have support of so many volunteers and are thankful to each and every one of them. We hope to see involvement of many more in GiftAble's accessible and inclusive endeavour.

Best Wishes

Prarthana and Prateek

GiftAbled is a Social Enterprise which strives to create an ecosystem of like-minded individuals to collectively build an inclusive society.

We have been fortunate to have the constant support of volunteers from diverse backgrounds who have also given us their valuable inputs.

Our sensitization workshops are designed to bust myths (unfortunately) too many of them have been passed down to us) surrounding disability, and give the audience an insight into the real needs of the disabled and an understanding of how to approach and interact with them.

We strive to design our events in a manner that keeps volunteers coming back, and encourages them to keep the chain going, and share their knowledge with a larger audience.

Looking back at the events of the past years, it gives us great pleasure to announce with pride the ones that embody the GiftAbled principles.



With the new wave of optimism and hopes of better days , we began our journey on a high note. The previous 15 months had taught us a great deal. We now have a clearer mission to follow. More volunteers joined hands in the walk towards achieving our goals.

Projects for Women with Disability

Women with disability face innumerable challenges when it comes to the issue of accessing healthcare. These are often ignored by private and public healthcare systems. Together with our strong community of disabled women we sought to understand the challenges faced and initiated projects to tackle them.

Their issues range from malnutrition, miscarriage, pre-natal and post-natal care to communication barriers with medical staff.



Sensitising hospitals and clinics

Hospitals and clinics are the first point of contact for all health issues, hence that's where we began our intervention. Sessions were conducted to educate medical staff on the health issues that women with disability face. After these session, women have received better support from medical staff.



"I learnt lot of things about women health, first time someone explained me about these things, great and Thank you for informing us."

Annie S, Hearing Impaired

Projects for Women with Disability

Sessions for women with disability on menstrual and maternal health.

Communication barriers have lead women with disability to be ill informed on issues of menstrual and maternal health. There have even been instances where women have lost their children to death owing to inadequate knowledge on maternal care. We conducted sessions for women on the said subject, where gynaecologists answered all their queries, and interpreters were present to bridge any gaps.



Sessions for women with disability on general health

While conducting sessions for menstrual and maternal health, we understood that there was a lack of information even as far as general health was concerned which lead to women being ill equipped to support their children and families in living healthy lives.

We conducted sessions on general health for women with disability, which saw a huge turnout and a favourable response.

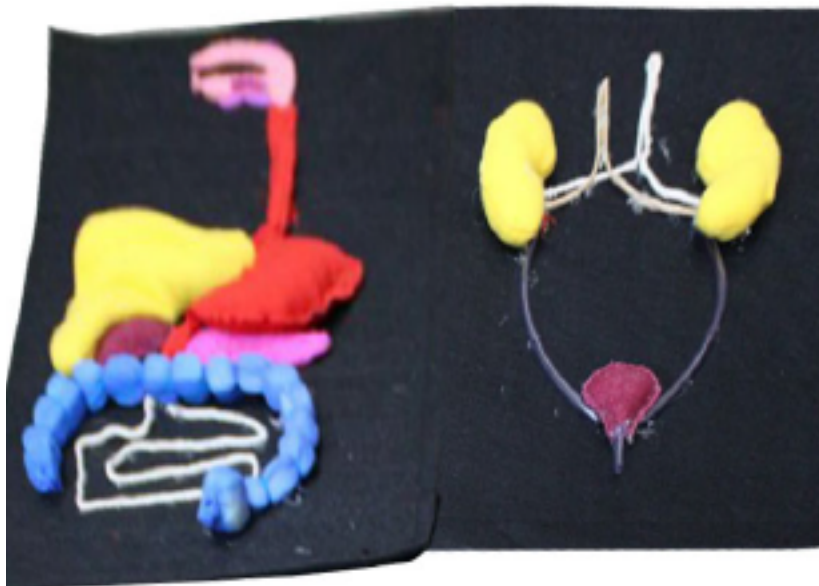
Volunteer connect

To support women with disability on a continuous basis we started the volunteer connect programme where volunteers trained in braille and sign language serve as interpreters between women and medical staff. This help bridge the communication gap and enable the women to have all their queries answered.

Projects for Women with Disability

Tactile Models and videos for women on health care

Tactile models were built for the visually impaired which helped them understand human anatomy and functioning through touch. This has helped in building an understanding of bodily functions for those who are visually impaired. We also aimed at preparing materials to educate women with Hearing Impairment on important health issues including general, menstrual, and maternal health.



Keeping all this started workshops from Bangalore "Women's Health Matters" where we addressed health and well-being of deaf women who find it difficult to access healthcare services. We were happy to see 75 deaf women participants from all across Bangalore.

Skills Development Session



A weekly training on communication skills development for the hearing impaired candidates to help their performances in interviews and to work in corporate environment. The on-going training has already helped the job aspiring hearing impaired candidates to improve their level of communication from basic to proficient level.

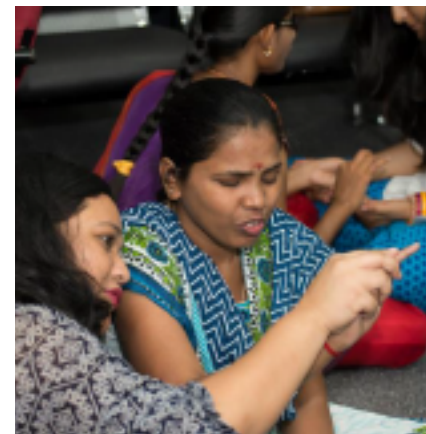
TCS 10K Marathon



To raise funds for the disabled, for their education, training and livelihood, we took help of the TCS World 10K marathon. We ran the marathon to support GiftAble along with couple of other NGOs.

I can Sign too

"I can sign too", an idea to teach the visually impaired about signing signatures was unearthed from GiftAble's Vision club and its visually impaired members. 65 volunteers turned up for volunteering. They sat one-on-one with the visually impaired, held their hands, taught them how the alphabets feel like and accomplished reasonable success in making them learn their alphabets.



Monochrome Moves

A crash course dance workshop, organized on 4th July 2015 in Mitra Jyoti Institute of Bangalore by GiftAble Foundation for a bunch of visually impaired dance enthusiasts to teach them some dance moves. Teaching the visually impaired the complete art form of a dance on a single day could be little too ambitious but the objectives of the workshop were merely to make them break their mental shackles and to prompt them with the interest of dancing.



Celebration of Helen Keller Day



Helen Keller is better remembered and more revered for her ability to overcome her disabilities to succeed in her life than the individual amount of successes she had achieved in her lifetime accomplishments. GiftAble celebrated her birthday on 28th June 2015. A bunch of GiftAble volunteers with moderate levels of expertise in Braille and Sign Language participated in a surprise event. They were involved in some challenging activities to test their own skills like Braille Test and Sign Language conversations among themselves.

Accessibility A challenge

Accessibility a challenge is a GiftAble initiative with the social media hash tag **#AccessibilityAChallenge** launched in the month of August. The objective is to appeal to the governments and the private sectors to enable the possibility of physical access for the differently abled and particularly the physically challenged into the public places and privately owned places for public usage.



Sensitization and Awareness Campaign about social disabilities in public

was an activity jointly done by GiftAble and the volunteers of 'VFC-Volunteer, as a part of Daan Utsav on October 2nd and 3rd in some of the traffic signals of Koramangala, Bengaluru. The objective of the activity was to educate the people about the necessity to get over the stereotypes surrounding the PWDs in the society



LaughAble

The program focused on using 'Laughter Workouts' as a cure to relieve stresses and depressions in people's hearts therapeutically. The two hour program finished in a flash but made people feel fresh mentally and physically when it got over after all those infectious laughter filled moments.



At Police Stations disability Sensitisation



Through this workshop, our aim was to communicate appropriate information on the right way to help people with disabilities, disability issues, create visibility of persons with disabilities, alter perspectives of the non-disabled population on the strengths through simulation, problems and discrimination faced by persons with disability and emphasizes focus on abilities rather than disabilities. We conducted sensitisation workshops at 3 police stations. The sessions were attended by covered by total 83 staff and the senior officers at the station, and we made sure to do multiple visits so no one was left out.

Gift A Smile

On October 25th, the volunteers of GiftAble gathered to conduct an entertainment oriented fund raiser event in Inorbit mall, Whitefield, Bengaluru for the underprivileged people with disabilities. The event also acted as a medium to connect GiftAble with the public to spread awareness about the existence of social disabilities and the need to get over the stereotypes surrounding People with Disability.



Be My Eye Pal

Visually impaired participants experienced a new world where they were introduced to many things in mall with the help of volunteers. The volunteers too learnt many ways in which they could involve in volunteering with visually impaired. Some promised to be a scribe and some to record their book.



Beneficiaries

651

Volunteers

116

Participants

3433





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HOME ABOUT OUR CAMPAIGNS VOLUNTEER WITH US MEDIA COVERAGE SAY HELLO

Women

Empowering the Differently Abled with GiftAble makes Prarthana a True ChangeMaker

Aug 8, 2015

667

Spinned the social

Twitter it



Think about the last time you took some time out to help someone in need, think of the last time you did something for children parents, other than your own, think about the last time you helped someone without expecting anything in return, think about the last time you brought a smile on a complete stranger's face. And finally, think of the last time you felt your existence made a difference to this world.

With this vision in mind **Prarthana Praseek Kaul**, a former employee of IBM had left her Corporate job nine years back and entered into the world of social sector. Having a master's degree in Finance she was working in the Corporate Sector and was an active volunteer for different NGOs during her job years too and she finally decided to enter into the social realm.

Over the course of these nine years she had motivated 5,000+ volunteers, conducted over 20 Disability Sensitization workshops including (Intro to braille and sign language) sensitizing around 500 people, had been a part of more than 400 events in last 9 years either as a Volunteer or as a volunteer leader, created awareness about 100+ NGOs through Running for a cause as i Care Champion at TCS World 10K Run for last 8 years and is supporting 1,450+ beneficiaries through her baby venture GiftAble. She is a great source of inspiration to the womenfolk of the contemporary times.

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GiftAble: Making gifts for the differently-abled

April 16, 2015 by Gayatri Kaul

Share



“What will you gift a visually-impaired person,” asks Prarthana Praseek Kaul. Put in a spot, one grapples for an answer, ending up with the most obvious, “a braille book.” She chuckles and persists, “Anything else?” With no answer forthcoming, Prarthana adds, “This ignorance is what we are fighting against.”

This 35-year-old belongs to that rare breed of citizens who do not believe in preserving the status quo, instead strive to make a strong and discerning difference. She is the brain behind GiftAble, a unique venture that not only provides a wide range of gifting options for the differently-abled, but also markets products made by them, giving the latter a wider audience.

FORM NO. 10B

[See rule 17B]

Audit report under section 12A(b) of the Income-tax Act, 1961, in the case of charitable or religious trusts or institutions

We have examined the balance sheet of **GIFTABLE FOUNDATION**, **AACTG0169J** [name and PAN of the trust or institution] as at **31/03/2016** and the Profit and loss account for the year ended on that date which are in agreement with the books of account maintained by the said trust or institution.

We have obtained all the information and explanations which to the best of **our** knowledge and belief were necessary for the purposes of the audit. In **our** opinion, proper books of account have been kept by the head office and the branches of the abovenamed **trust** visited by **us** so far as appears from **our** examination of the books, and proper Returns adequate for the purposes of audit have been received from branches not visited by **us**, subject to the comments given below:

In **our** opinion and to the best of **our** information, and according to information given to **us**, the said accounts give a true and fair view-

(i) in the case of the balance sheet, of the state of affairs of the above named **trust** as at **31/03/2016** and

(ii) in the case of the profit and loss account, of the profit or loss of its accounting year ending on **31/03/2016**

The prescribed particulars are annexed hereto.

Place **Bangalore**

Date **09/09/2016**

Name

SATISH MAKHIJA

Membership Number

204258

FRN (Firm Registration Number)

007214S

Address

**G-10, NAVEEN APARTMENTS
13TH MAIN, VASANTH NAG
AR, BANGALORE KARNATA
KA 560058**

ANNEXURE

Statement of particulars

I. APPLICATION OF INCOME FOR CHARITABLE OR RELIGIOUS PURPOSES

1.	Amount of income of the previous year applied to charitable or religious purposes in India during that year (₹)	771389
2.	Whether the trust has exercised the option under clause (2) of the Explanation to section 11(1) ? If so, the details of the amount of income deemed to have been applied to charitable or religious purposes in India during the previous year (₹)	No
3.	Amount of income accumulated or set apart for application to charitable or religious purposes, to the extent it does not exceed 15 per cent of the income derived from property held under trust wholly for such purposes. (₹)	No
4.	Amount of income eligible for exemption under section 11(1)(c) (Give details)	No
5.	Amount of income, in addition to the amount referred to in item 3 above, accumulated or set apart for specified purposes under section 11(2) (₹)	0
6.	Whether the amount of income mentioned in item 5 above has been invested or deposited in the manner laid down in section 11(2)(b) ? If so, the details thereof.	No
7.	Whether any part of the income in respect of which an option was exercised under clause (2) of the Explanation to section 11(1) in any earlier year is deemed to be income of the previous year under section 11(1B) ? If so, the details thereof (₹)	No

8.	Whether, during the previous year, any part of income accumulated or set apart for specified purposes under section 11(2) in any earlier year-	
(a)	has been applied for purposes other than charitable or religious purposes or has ceased to be accumulated or set apart for application thereto, or	No
(b)	has ceased to remain invested in any security referred to in section 11(2)(b)(i) or deposited in any account referred to in section 11(2)(b)(ii) or section 11(2)(b)(iii), or	No
(c)	has not been utilised for purposes for which it was accumulated or set apart during the period for which it was to be accumulated or set apart, or in the year immediately following the expiry thereof? If so, the details thereof	No

II. APPLICATION OR USE OF INCOME OR PROPERTY FOR THE BENEFIT OF PERSONS REFERRED TO IN SECTION 13(3)

1.	Whether any part of the income or property of the trust was lent, or continues to be lent, in the previous year to any person referred to in section 13(3) (hereinafter referred to in this Annexure as such person)? If so, give details of the amount, rate of interest charged and the nature of security, if any.	No
2.	Whether any part of the income or property of the trust was made, or continued to be made, available for the use of any such person during the previous year? If so, give details of the property and the amount of rent or compensation charged, if any.	No
3.	Whether any payment was made to any such person during the previous year by way of salary, allowance or otherwise? If so, give details	No
4.	Whether the services of the trust were made available to any such person during the previous year? If so, give details thereof together with remuneration or compensation received, if any	No
5.	Whether any share, security or other property was purchased by or on behalf of the trust during the previous year from any such person? If so, give details thereof together with the consideration paid	No
6.	Whether any share, security or other property was sold by or on behalf of the trust during the previous year to any such person? If so, give details thereof together with the consideration received	No
7.	Whether any income or property of the trust was diverted during the previous year in favour of any such person? If so, give details thereof together with the amount of income or value of property so diverted	No
8.	Whether the income or property of the trust was used or applied during the previous year for the benefit of any such person in any other manner? If so, give details	No

III. INVESTMENTS HELD AT ANY TIME DURING THE PREVIOUS YEAR(S) IN CONCERNS IN WHICH PERSONS REFERRED TO IN SECTION 13(3) HAVE A SUBSTANTIAL INTEREST

S. No	Name and address of the concern	Where the concern is a company, number and class of shares held	Nominal value of the investment(₹)	Income from the investment(₹)	Whether the amount in col. 4 exceeded 5 per cent of the capital of the concern during the previous year-say, Yes/No
Total					

Place
Date**Bangalore**
09/09/2016Name
Membership Number
FRN (Firm Registration Number)
Address**SATISH MAKHIJA**
204258
007214S
G-10, NAVEEN APARTMENTS
, 13TH MAIN, VASANTH NAG
AR, BANGALORE KARNATA
KA 560058

Form Filing Details

Revision/Original Original

Source of Funds

Particulars	Amount (Rs.) as on 31.03.2015	Amount (Rs.) as on 31.03.2016
Trust Fund	66,553.00	3,12,145.00
General Fund		
Specific Fund		
Loans	8,250.00	8,250.00
Current Liabilities and Provisions	4,660.00	4,661.00
Total	79,463.00	3,25,056.00

Application of Funds

Particulars	Amount (Rs.) as on 31.03.2015	Amount (Rs.) as on 31.03.2016
Fixed Assets		
Loan and Advance		
Cash and Bank	79,463.00	3,25,055.00
Total	79,463.00	3,25,055.00

Income and Expenditure Statement for the year ended 31.03.2016

Income

Particulars	Amount (Rs.) as on 31.03.2015	Amount (Rs.) as on 31.03.2016
Grants & Donations	4,10,028.00	6,16,352.00
Other Income	1,737.00	11,937.00
Excess of Expenditure over Income		1,43,100.00
Total	4,11,765.00	7,71,389.00

Expenditure

Particulars	Amount (Rs.) as on 31.03.2015	Amount (Rs.) as on 31.03.2016
Human Resource	1,52,650.00	2,05,500.00
Operational Expenses	1,96,590.00	4,72,662.00
Office & Administrative Expenses	480.00	79,885.00
Bank Charges	182.00	
Other Expenses	13,360.00	13,342.00
Depreciation		
Balance being excess of Income over Expenditure transferred to General Fund	48,503.00	
Total	4,11,765.00	7,71,389.00

Receipts and Payments Statement for the year ended 31.03.2016

Receipt

Particulars	Amount (Rs.) as on 31.03.2015	Amount (Rs.) as on 31.03.2016
Opening Cash & Bank	30,960.00	1,50,913.00
Grants & Donation	4,10,028.00	9,33,594.00
Other Income	11,627.00	11,937.00
Loan & Advances		
Total	44,52,615.00	10,96,444.00

Payments

Particulars	Amount (Rs.) as on 31.03.2015	Amount (Rs.) as on 31.03.2016
Human Resource	1,52,650.00	2,05,500.00
Operational Expenses	1,96,590.00	4,72,662.00
Office & Administrative Expenses	480.00	79,885.00
Fixed Assets & FD		
Other Payments	13,360.00	13,342.00
Bank Charges	182.00	
Closing Cash & Bank Balance	48,503.00	3,25,055.00
Total	4,11,765.00	10,96,444.00



REACH US AT

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09900827896